### Suicide Prevention Framework at a glance

# Core national priorities (Cross Government Suicide Prevention Plan: 2019 – 2021)

Implementation, Governance and Accountability

Reducing suicide in high risk groups – men, mental health patients, criminal justice, specific occupations, history of self harm

Tailoring approaches to improve mental health in specific groups;

Children and Young People

**Reducing Access to Means** 

Providing better information and support to those bereaved or affected by suicide

Supporting the media to deliver sensitive approaches to suicide and suicidal behaviour

Supporting research, data collection and information

#### **Coventry and Warwickshire Heath and Care Partnership Suicide Prevention Programme 2018 – 2020**

Multi Agency Training

ITBTT and Public Campaigns (Year of Wellbeing)

Support for individuals with concurrent mental health and substance misuse issues

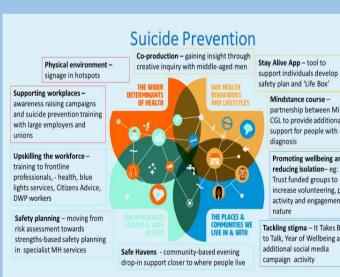
Secondary and Primary Care pathways and training; risk management and safety planning

Digital developments – public facing apps, stakeholder and staff resources

Bereavement support service development

Real Time Data & monitoring; multi agency surveillance

Safe Havens (crisis support)



### Coventry Suicide Prevention Strategy 2016 – 2019: One suicide // One too many

Vision

**Death by suicide** *is* **preventable.** Each life lost is a tragedy. One suicide will always be one too many

### Goals 2020 - 21

[Reach High risk Groups]	[Improve Mental Health]	[Manage Access to Means]	[Reduce Impact]	[Improve Data]	[Adopt a Safe Media Approach]	[Work Together]
Target our approach to focus on inpatient safety and vulnerable groups	Build our community assets, workplace health offer and VCSE support networks	Identify and address our environmental, social and clinical risks	Develop our bereavement and workforce support offer	Embed our partnership plans for systematic reporting and analysis	Communicate our support offer and manage local and national messaging	Invest in learning, development and partnership activities

#### **Outcomes**

Reduced suicide rate in the whole population and among particularly vulnerable groups

Reduced stigmatised attitudes to mental health and suicidal behaviour at population level and across vulnerable groups

# oal One Reach High risk Groups

itegic Direction	Outcomes	Delivery
get our approach to us on inpatient safety vulnerable groups	Safer Services Quality Standards (NCISH Toolkit) Implementation	CWPT Working Group Inpatient – action plan includir out of area pathway and monitoring. Safe wards project.
	Establish Safe Haven Pilots Warwickshire (Coventry) 2 years	Warwickshire services live Nuneaton and Leamingtor open 6-12pm, 7 days over 2 sites Cov safe Haven by 2020
	Cascade It Takes Balls to talk (Campaigns)	Training targets set via HCP
	Develop Coproduction storytelling (Mens experiences)	Projects underway. Materials developed by March 20
	Research student mental health needs	Student MH scrutiny review April 2019. University strategies/campaigns in place. Student charter Dec 1
	Develop a Self Harm working group/harm reduction plan	WCC working group in place with CCC representation HCP Population health management programme - suicidal ideation and CYP acute presentations

## oal Two Improve Mental Health

ategic Direction	Outcomes	Delivery
d our community assets, kplace health offer and E support networks	Community Resilience delivery programme established	Mapping work underway via JSNA, networking groups, and comms campaigns plan  Social prescribing programme development; scoping pathways and funding for mental health and therapeut intervention.
	Pilot and evaluate a Dual Diagnosis Service	Mindstance project piloted in Cov. Group work delivered by CGL and Mind (Coproduced content). Warks pilot not being developed. Dual diagnosis policy in place with a series of quality reviews planned.
	Workplace Wellbeing policies  – THRIVE, mental health and suicide training and awareness offer available	STP suicide training delivered across the partnership 20 Training forum hosted Fire and Rescue Services. ITBTT workplace training ongoing. THRIVE workplace wellbei sign up across the region

## oal Three Manage Access to Means

itegic Direction	Outcomes	Delivery
ntify and address our ironmental, social and ical risks	Network Rail escalation plan in place	Local community action plan in place - escalation lite (identified Cov sites) Signage now in place.
	Polypharmacy – review and training (Primary Care)	Local snapshot review of O/D deaths undertaken. Engagement with CCG pharmacy and GP leads
	Safety Planning – services and public facing activities mapped	Stay alive app launched September 2019

# oal 4 Reduce Impact

itegic Direction	Outcomes	Delivery
relop our bereavement workforce support offer	Bereavement and postvention support services developed	KPG research and evidence review. Real Time Surveilla project in development. NHSE funding all areas by 2022
	Develop proposal for Trauma training and mental health interventions for professionals	TRIM training being delivered at CWPT. GP training suic training delivered and being evaluated.
	Develop a (virtual) one stop shop/directory of services	HCP Digital and comms platforms in development

### oal 5 Adopt a Safe Media Approach

itegic Direction	Outcomes	Delivery
nmunicate our support er and manage local and ional messaging	Develop an annual comms plan and events calendar	Coventry PH Comms leads now in post & suicide lead based in Warwick Comms team. MH comms group/network established. Comms Workshop in Jan 2020
	Work with the Samaritans on any media activity/incident management	Rail escalation and media support in place.
	Develop an alerts system to frontline staff to factually advise on media/social media reporting around suicide	Under review across Coventry and Warwickshire

# oal 6 Improve Data

itegic Direction	Outcomes	Delivery
ped our partnership plans systematic reporting and lysis	Annual Coroners audit (shared process Coventry and Warwickshire)	Joint audit process in place. Merge into RTS 2020 21
	Real Time Surveillance(RTS) System established. Response pathway mapped	Joint steering group. LGA peer support programme

# oal 7 Work Together

itegic Direction	Outcomes	Delivery
est in learning, elopment and partnership vities	Multi agency steering group and action plan delivery monitored quarterly	Quarterly Cov meetings are in place and to continue.  Organisational MH and wellbeing strategies aligned and reviewed for common themes
	Establish joint Coventry and Warwickshire Forum (Bi annual)	Met in June, next session being planned for new year
	Workforce Training – Establish Competency standards	ITBTT/Cov Uni accredited training developed – Universi staff and students
		Listening Mate training evaluation underway – WM Pol Papyrus £10k 2020 for assist training across Cov and Warks VCSE